

### A Curriculum with HEART....

Our forest/rural surroundings encourage curiosity and wonder and therefore our curriculum is an adventure that allows our children to explore new things, discover more about themselves and the world around them and create a toolkit of knowledge and skills that mean they are well equipped to face the next stage of their adventure. Our values run through everything we do and mean we face adventures with HEART.

### PSHE Subject Statement 2023-2024

At the Federation of Burley and Sopley Primary Schools, our purpose is to help every child grow to be the best version of themselves that they can be. By educating each child emotionally, physically, spiritually and academically, we will prepare them for their future. In doing this, we will equip our children with the life skills to become confident, caring citizens who can play a positive and active role in modern society.

#### **Intent**

At the Federation of Burley and Sopley, we strongly believe PSHE is an essential area of the curriculum, integral to our children's wellbeing, achievement and development as global citizens in a multicultural society. We aim to equip our children with the knowledge, understanding and skills they need to manage their lives, now and in the future. Our PSHE curriculum, which includes work on citizenship, has been designed for the needs of our pupils in order to develop the qualities and attributes they need to thrive as individuals, family members and members of their local community, diverse society and the wider world. Using the SCARF scheme of work which is built upon the PSHE Association's Programme of Study and other materials such as carefully-chosen RSE materials, we have developed a comprehensive and inclusive curriculum which supports and embeds our school's learning and values. We encourage the children to be critical thinkers and to ask perceptive questions to enable them to make informed choices, identify bias and inequality and to keep themselves healthy and safe. We want the children we teach to leave as confident, self-aware, active global citizens with an acute sense of social justice, a love for the natural world and a desire to look after and protect the environment. We believe PSHE allows the children we teach to have the opportunity to share and form opinions, develop essential communication skills, be reflective and develop empathy in a safe and encouraging learning environment. We also know that PSHE helps pupils to achieve their academic potential. There is a proven link between pupils' health and wellbeing and their academic progress.

Although, PSHE is not identified as a statutory subject by the Government, large parts of our PSHE curriculum such as, Families; Friendships; Staying safe; Mental wellbeing; Internet safety; Physical health; Healthy eating; Growing and Changing; Keeping Active; Substances; Health and Hygiene and Relationships, Puberty and Reproduction, are identified as statutory under the government's latest guidance, 'Relationships Education, Relationships and Sex Education (RSE) and Health Education' (Crown copyright 2019.)

#### **Implementation:**

Our pupils receive discrete, engaging PSHE lessons. Our curriculum is taught on a two-year cycle (Cycle A and Cycle B) and within phases (Years 1/2, Years 3/4 and Years 5/6). The regular, planned units of learning are carefully developed, using a spiral approach. Where possible, our PSHE curriculum is also enriched through planned whole school events such as Anti-Bullying Week and Children's Mental Health Week. In addition to this, we also plan for visitors to enhance the children's learning across the PSHE curriculum. For example: Year 5/6 participate in Bikeability as well as learning about money through the Natwest Moneysense workshop.

Our whole school assemblies often develop core themes from our PSHE curriculum in order to embed prior learning. As educators, we are constantly adapting our curriculum to ensure that it is inclusive, so all our pupils feel represented, valued and have a sense of belonging.

### **Impact**

When pupils leave the Federation of Burley and Sopley Primary Schools, their learning in PSHE will have equipped them with key skills, knowledge, attitudes and attributes in order to be confident, active and critical global citizens. They will appreciate and acknowledge their self-worth and the contributions they can make as individuals in their local community, society and the wider world. Our pupils will have a strong sense of respect for and value diversity within our communities in Britain and worldwide. They will be able to make informed choices using their critical thinking skills and will know who to go to and how to seek help when needed in order to keep themselves safe and healthy. Our school's focus on learning and citizenship values will have helped to foster kind, honest and respectful young people who are independent, collaborative, inquisitive, independent and resilient learners. Our hope is that our pupils will leave us having developed a moral compass, which will guide them through life and help them to build positive relationships and achieve their hopes and dreams.

